

FOREWORD

By Brad Thor, #1 New York Times Bestselling Author of “Black List: A Thriller”

There is no job more dangerous in our nation than that of law enforcement officer. Each and every day our law enforcement officers suit up and head out, knowing that there are countless evil souls ready to visit incredible violence upon them as well as upon the citizens they have sworn to serve and protect.

As respect for law enforcement continues to erode in particular circles, as violent offenders place less value on their own lives and on the lives of the people around them, as the potency of mind-altering substances increases, as challenging economic conditions push offenders into more desperate acts, and as the ever-increasing threat of Mumbai-style, Beslan-style, and other terrorist attacks grow in our country, so does the likelihood that the brave men and women who hold that thin blue line between order and chaos, between civilization and anarchy, will be injured in the line of duty.

If, heaven forbid, that happens, how will you survive? What will you do if no one can come to your rescue?

Your number one job as a law enforcement officer is to return home at the end of your shift alive. If you are injured in the course of your duties, that job is going to become very difficult. And if help is not available and you have not trained properly, that job may become virtually impossible.

The bad guys want you dead. We all know that. And in some cases, real life is providing them with better training than the police are getting. That’s why your training has to be better. It has to be more focused and more complete. No matter what happens, ***you are going to go home alive.***

With that said, too many law enforcement officers ignore one of the most important areas of training. You may be one of the best shooters on the range and even one of the most proficient ground-fighting grapplers on the mat, but, without proper training in tactical medicine, you are like a parachutist who couldn’t be bothered to pack

a reserve. And the Medical Tactics for Law Enforcement training presented in this book is just like that reserve—you won't know how badly you need it until it isn't there for you.

Training in tactical medicine cannot only end up making a difference between life and death for you, but also for your partner, other law enforcement officers, and the citizens you have sworn to serve and protect.

Let me be perfectly clear: As my friend, Lt. Col. Dave Grossman, is so famous for saying, you are society's "sheepdogs." You are our "Delta Force."

When it is bad, when rounds are flying, when you are bleeding and those around you are possibly even bleeding out, the emergency medical technicians aren't coming in to help. You are going to have to do their job—and probably while returning fire.

Getting back to that front sight as quickly as possible and putting rounds on the target will mean the difference between life and death for you and those around you. But you will only be able to do that if you have had the absolute best training, have trained like you fight, and then fight like you have trained.

Simply put, there is no better manual on medical tactics for the law enforcement professional than what you are holding in your hands right now. The passion, experience, and dedication of Dr. Andrew Dennis show through on each and every page. As a law enforcement and special weapons and tactics officer, he knows the risks you face on the street every day because he has faced them himself. He knows how bad it can be. As one of the nation's most experienced board certified trauma surgeons, he also knows what it will take to bring you home alive.

Whether through this manual or his exceptional training programs, Dr. Dennis's driving goal is clear: to improve officer safety. He separates medical fact from fiction and will help *empower you to survive* and teach you how to *train to prevail*.

As Dr. Dennis says so well, "If you are **NOT DEAD**, you **CAN** impact the survival of yourself and others."

Commit yourself right now to never stepping out onto the streets without your weapon, your wits, and what Dr. Dennis can so masterfully teach you about *staying alive* and *staying in the fight*.